

Sunset Cosmetic Surgery

PERSONAL INFORMATION

Patient Name: _____ Today's Date: _____

Reason for Consultation: _____

Date of Birth: ____/____/____ Age: ____ Sex: M / F Married / Single / Divorced

Street Address: _____

City: _____ State: _____ Zip: _____

Home Phone: (____) _____ Cell Phone: (____) _____

Employer: _____ Work Phone: (____) _____

Occupation: _____ Fax: (____) _____

Email: _____ Check if you do not want occasional email updates.

PAST MEDICAL HISTORY

Prior Plastic Surgeries: _____

Prior Surgeries or Procedures: _____

Are you currently being treated for any medical condition(s), or have you been in the past? (Yes / No)

Please list: _____

Family History of Illnesses: _____

Current Medications: _____

Medication Allergies: _____ Easy Bruising or Bleeding: Yes / No

Personal Physician: _____ Phone: (____) _____

Date of Last Physical Exam: _____ By: _____

Ever Seen a Psychiatrist or Psychologist? _____ When? _____

Sunset Cosmetic Surgery

PATIENT HEALTH QUESTIONNAIRE

Height: _____ Weight: _____ Recent weight gain or loss: _____

Recent Chest X-Ray: (Y / N) Comments: _____

Recent EKG: (Y / N) Comments: _____

Recent Mammogram: (Y / N) Comments: _____

Smoking History: (Yes / No) If yes, please give daily amount: _____

Drink Alcohol: (Yes / No) If yes, please give daily amount: _____

Have you ever had a history of the following?:

Are you taking any of the following?:

Heart attack, stroke, rheumatic fever..... Y / N
High/low blood pressure..... Y / N
History of chest pain..... Y / N
Do your ankles swell..... Y / N
Do you get short of breath easily..... Y / N
Asthma..... Y / N
Hives, rashes or skin disorders..... Y / N
Fainting spells or seizures..... Y / N
Diabetes Y / N
Hepatitis, jaundice, cirrhosis..... Y / N
Stomach ulcers or heart burn..... Y / N
Arthritis..... Y / N
Kidney problems..... Y / N
Tuberculosis or persistent cough..... Y / N
Coughing up blood..... Y / N
Venereal disease..... Y / N
Emotional disorders..... Y / N
Excessive bleeding with prior surgery..... Y / N
Blood disorders or anemia Y / N
Tumors of the mouth, nose or throat..... Y / N

Antibiotics..... Y / N
Blood thinners..... Y / N
Diet pills..... Y / N
Steroids, NSAIDS..... Y / N
Aspirin, Motrin..... Y / N
Insulin..... Y / N
Heart medicine..... Y / N
Herbal supplements..... Y / N
Birth control pills..... Y / N
Hormone supplements..... Y / N

If yes to any of above, please list name and dose of medication(s):

Is there any reason you would not accept a transfusion in an emergency situation?... Y / N

Allergies and Sensitivities:

Local Anesthetics..... Y / N
General Anesthetics..... Y / N
Antibiotics (Penicillin)..... Y / N
Barbiturates, Sedatives..... Y / N
Morphine or Codeine..... Y / N
Adhesive Tapes..... Y / N
Latex..... Y / N

If yes to any of the above, please elaborate:

Signature of Patient, Parent or Guardian: _____

Sunset Cosmetic Surgery

EMERGENCY CONTACT INFORMATION

In case of an emergency, please notify: _____

Relationship: _____

Cell Phone: _____

Home Phone: _____

I, the undersigned, represent that all of the information on this form is true and complete to the best of my knowledge and that I accept full financial responsibility for professional, medical and surgical services rendered.

Patient / Insured Signature: _____

Print Name: _____

REFERRAL INFORMATION

How did you first hear about us? Please check one.

One of our patients: _____

Another Doctor: _____

Magazine: NewBeauty Magazine Other (please list): _____

Online: Search Engine(s) (e.g. Google, Yahoo, Bing – please list) _____

Online: Other site(s): YELP Real Self Other (please list): _____

Television: _____

Other (please explain): _____

Sunset Cosmetic Surgery

Personal Health and Beauty Questionnaire

Please check all issues that may be of concern to you. This information will not be shared with anyone.

Overall health and body concerns:

- | | |
|---|---|
| <input type="checkbox"/> Always tired and too little energy | <input type="checkbox"/> Don't feel as sexy or sexual as I want |
| <input type="checkbox"/> Wish to lose weight | <input type="checkbox"/> Improve mental clarity and sharpness |
| <input type="checkbox"/> Wish my mood was better | <input type="checkbox"/> Wish I had better sleep |

Facial Aging & Expressions

When looking at my face in the mirror, I believe I look:

- Younger than my true age.
- About right for my age.
- Older than my true age.

When looking in the mirror, I am:

- Not concerned about wrinkles.
- Somewhat concerned about the appearance of my wrinkles.
- Very concerned about the appearance of my wrinkles.

- | | |
|--|---|
| <input type="checkbox"/> Desire more youthful skin | <input type="checkbox"/> Wish to enhance eyelashes or brows |
| <input type="checkbox"/> Tired eyes | <input type="checkbox"/> Hyperpigmentation or Melasma |
| <input type="checkbox"/> Sagging skin, jowls, neck | <input type="checkbox"/> Sun damage |
| <input type="checkbox"/> Wrinkles | <input type="checkbox"/> Age spots |
| <input type="checkbox"/> Face gaunt or hollow | <input type="checkbox"/> Facial veins |
| <input type="checkbox"/> Chubby or "chipmunk" cheeks | <input type="checkbox"/> Weak chin/jaw |
| <input type="checkbox"/> Facial expression
[too old, sad, angry, tired] | <input type="checkbox"/> Improve appearance of Nose |
| <input type="checkbox"/> Heavy brow | <input type="checkbox"/> Ears too prominent |
| <input type="checkbox"/> Acne | <input type="checkbox"/> Lips not as attractive as before |
| | <input type="checkbox"/> Other _____ |

Breast Size/Shape

- | | |
|---|--|
| <input type="checkbox"/> Too small | <input type="checkbox"/> Too saggy |
| <input type="checkbox"/> Too big | <input type="checkbox"/> Nipple size |
| <input type="checkbox"/> Uneven | <input type="checkbox"/> Not enough cleavage |
| <input type="checkbox"/> Unattractive shape | <input type="checkbox"/> Other _____ |

Body Size/Shape/Contours

- | | |
|--|---|
| <input type="checkbox"/> Abdomen – Stomach – Waistline | <input type="checkbox"/> Arms |
| <input type="checkbox"/> "Love handles" | <input type="checkbox"/> Buttocks |
| <input type="checkbox"/> Thighs – Legs – Calves | <input type="checkbox"/> Mommy makeover |
| <input type="checkbox"/> Body lift | <input type="checkbox"/> Other _____ |

Other Services

- | | |
|--|--|
| <input type="checkbox"/> Leg veins or spider veins | <input type="checkbox"/> Cellulite |
| <input type="checkbox"/> Injectables | <input type="checkbox"/> Scar elimination/revision |
| <input type="checkbox"/> Eliminating sweaty palms | <input type="checkbox"/> Eliminating underarm sweating |