Los Angeles, California

The skinny on getting liposuction

"We've seen a growing trend in the number of women and men seeking revisions of previously unsatisfactory liposuction procedures," says Dr. Yamini, who also specializes in breast implant repairs. Understandably, people often don't want to return to their original doctor in hopes of a better result the second time around. "Fortunately, we are usually able to improve cases like these with micro-liposculpting and fat grafting," says Dr. Svehlak, who has earned praise from celebrities and patients across the globe for the precision of his revision procedures. Before undergoing surgery of any kind, both surgeons emphasize that it is important to inquire about a doctor's credentials and experience. A physician board certified by the American Board of Plastic Surgery has graduated from an accredited medical school and completed at least five years of surgical training and a minimum of two additional years devoted entirely to plastic surgery. Further, they recommend asking about a prospective surgeon's experience and specialization in body contouring and liposuction procedures.

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Dr. Daniel Yamini and Dr. Steven Svehlak

American Board of Plastic Surgery American Board of Surgery

WHAT MAKES SOMEONE A GOOD CANDIDATE FOR LIPOSUCTION?

Otoplasty (Ear Surgery)

"The key to getting safe and excellent liposuction is to focus more on the skill and experience of the surgeon, not the type of machine that is used," says Dr. Yamini. At Sunset, standard liposuction techniques are supplemented with VASER® ultrasonic liposuction and SlimLipo™ laser-assisted liposuction as needed. "The method we use depends on the volume of fat and areas being treated," says Dr. Svehlak.

MEDICAL DEGREE DR. YAMINI: Medical College of Wisconsin DR. SVEHLAK: New York Medical College

LOCATION



STEVEN SVEHLAK, MD, FACS

This 35-year-old patient had liposuction done elsewhere and felt self-conscious about the bumps and uneven look of her abdomen. Dr. Svehlak performed micro liposculpting and targeted fat grafting to smooth out the area and give her a natural-looking result she could feel good about in a bikini.



DANIEL YAMINI, MD, FACS

This 31-year-old patient had VASER (pulsed ultrasound) liposculpting of the abdomen, flanks and inner and outer thighs. This gave her the more sculpted and toned appearance she was hoping for.

ABOUT DR. YAMINI AND DR. SVEHLAK

HOW DO YOU SET REALISTIC EXPECTATIONS?

"A thorough consultation and total honesty," says Dr. Yamini. Dr. Svehlak agrees, "We have to be completely up front about what is possible and what isn't, which allows us to deliver results with confidence." Other consultation topics include an overview of the procedure(s) as well as what to expect during the healing process.

Candidates should be healthy and at a stable weight. Liposuction is not a weight-loss procedure. It's best for those who have stubborn areas of hereditary fat that won't respond to diet and exercise. Commonly requested areas include flanks ("love handles"), lower abdomen, waistline, chin/neck and inner and outer thighs.

WHAT METHOD OF LIPOSUCTION DO YOUR PREFER?

Los Angeles, California

CONTACT 310.858.9100



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