

THE BEAUTY AUTHORITY

# NEW BEAUTY

**DEFY  
 AGING  
 NOW!**

**MIRACLE  
 FAT-FIGHTING  
 INGREDIENTS**

HOW TO GET A  
**BETTER  
 BODY**  
 IN MINUTES  
 THE NEW CELLULITE  
 ERASING TREATMENT

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 FALL/WINTER 2013  
 DISPLAY UNTIL DECEMBER 30



SKINCARE'S  
**NEW**  
 SECRET  
 WEAPON

THE MOST  
 POWERFUL  
 PRODUCT  
 EVER!

PAGE  
 142

MADELEINE STOWE  
**SEXY**  
 EXCLUSIVE AT EVERY  
**DECADE!**

INSIDE HER SURPRISING SECRETS,  
 HER TAKE ON BOTOX AND WHY  
 SHE LOOKS HER BEST AT 55



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 A solution that  
 sculpts and tones

For thighs that are resistant to diet and exercise, consider VASER Lipo. The ultrasound-assisted liposuction procedure targets those fatty pockets in the thighs that serve as the ultimate source of frustration. "This procedure works best for people who have tried everything else and can't achieve the results they want," says Eugene, OR, plastic surgeon Mark Jewell, MD. What distinguishes VASER Lipo from traditional liposuction is its ability to differentiate fat from other important tissues, like connective tissue. The gentle ultrasound energy breaks up fat while preserving these other tissues to promote smooth results and rapid healing. Some experts feel that laser liposuction can help to firm up the skin on the legs and thighs while others feel that it offers little or no skin-tightening benefit and more of a risk for complications.



VASER Lipo helped this patient get a slimmer, more contoured look. Procedure performed by Daniel Yamini MD, Los Angeles, CA.

- PRODUCT PICKS FOR DO-IT-YOURSELF RESULTS
- EASY-TO-INCORPORATE LIFESTYLE AND NUTRITION TIPS
- NONINVASIVE TREATMENTS WITH LITTLE TO NO DOWNTIME

GET TONED,  
**SEXY  
 LEGS**

Gorgeous gams: it's hard to achieve a perfect body without them. Luckily, it's also one of the fastest areas on the body to tone up—or to just fool everyone else into thinking they're flawless. Try these expert tips and time-tested tricks to get your legs into lust-worthy condition.